

THE GOOD NEWS

February 2018

FEBRUARY ULTREYA

Place: *Our Lady of Hope*

Date: *February 15, 2018*

Time: *7 PM*

Theme: *Mass in the Chapel—bring a friend!*



Feast of the Presentation of the Lord February 2nd

Almighty ever-living God, we humbly implore your majesty that, just as your Only Begotten Son was presented on this day in the Temple in the substance of our flesh, so, by your grace, we may be presented to you with minds made pure.



AREA 4 ULTREYA ANNOUNCEMENTS

Dates to Remember:

Spring 2018

Men's #101 : March 1 – 4, 2018 – (Dennis Lobmeyer, Rector)

Women's #109: March 15 – 18, 2018 – (Elizabeth Lanpher, Rectora)

Coffee & Donuts Service

April 22, June 24, July 15, August 26, October 21, December 23

Please pray about sponsoring a candidate for the next weekends! If you need a copy of the "Cursillo - What Is It" booklet for your prospective candidates, please contact Liz or Greg at elilly@cfl.rr.com.

PALANCA INTENTIONS:

Mondays - National, Regional, and Diocesan Secretariats
Tuesdays - Schools of Leaders
Wednesdays - Cursillistas in the United States
Thursdays - National Cursillo® Movement's Apostolic Actions
Fridays - Cursillo Weekends
Saturdays - OMCC and NACG Executive Committee



MAKE A NOTE!

For Cursillo merchandise, visit the DeColores Rainbow Store at www.decolores.com. It comes highly recommended for their prices, inventory and service!

JANUARY ULTREYA

Our January Ultreya is usually one of the talks given on the weekend. The last talk of the weekend on Sunday is the Rector or Rectora's talk about Grouping and Ultreya. Grouping and Ultreya are also talked about at the Fourth Day Reunion that occurs the month after the weekend, where all the candidates, sponsors and team members try to reunite one last time. However, this talk is covered quickly and missed or forgotten by many, so for the first time, it was suggested that we go over guidelines and common situations that may come up.

An updated service sheet has also just been printed and these were distributed. The guidelines that we came up with are reproduced here on page 5, and were discussed at Ultreya. We then had grouping following the guidelines and service sheet.

A suggestion was made that we should try this type of grouping at more Ultreyas. Hopefully this will be useful to everyone and help to have your small group be successful in living your 4th Day.

Any feedback or suggestions are welcome!

Please continue to pray about sponsoring candidates for the spring weekends. Remember—make a friend, be a friend, bring a friend to Christ!



*Your Area 4 Coordinators
Liz and Greg*

*Visit our new website:
www.orlcursillo.org*

GET READY, SET, BLOOM!

*Update: Our Ultreya Evangelization Efforts
From Cathy King*



Thanks to all the volunteers who helped hand out “Perfectly Yourself” at the Christmas Masses! I hope that you have been able to start reading the book yourself. It will be the source for Best Lent Ever. If you have not received a copy of the book, there are some left over, available in the office, or at the newcomer’s table on Sundays.

It is time to sign up for Best Lent Ever at BestLentEver.com. I have received posters to distribute and a bulletin announcement to encourage all parishioners to receive the daily emails. There’s also a Best Lent Ever journal available to order online, if you like to journal.

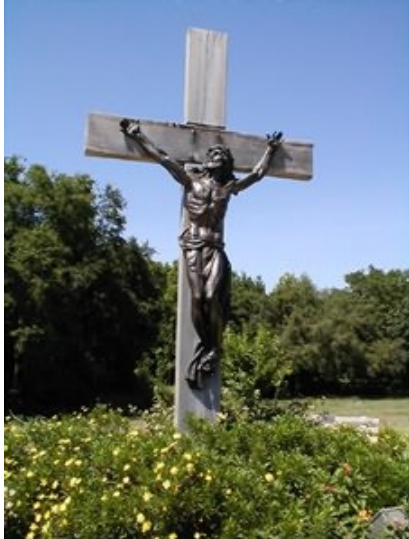
This year over 450,000 people participated in Best Advent Ever, up over 100,000 from last year! There are 1 million people expected to participate in Best Lent Ever this year.

The Ambassador’s phone call this month talked about Matthew Kelly’s theme, “our lives changes when our habits change.” A great New Year’s resolution would be to start a regular prayer time habit, if you don’t already have one, at least 10 minutes every day in the “classroom of silence,” listening for the voice of God in your life.

The resource we received this month is a cd, “My Spiritual Journey,” by Matthew Kelly. The book of the month is “Crusades Controversy,” by Thomas Madden. Were the Crusades successful? Are they to blame for recent wars and current tensions? This little booklet sets the record straight. Order online at DynamicCatholic.com. Pay only shipping \$5.95.

The Cursillo® Movement





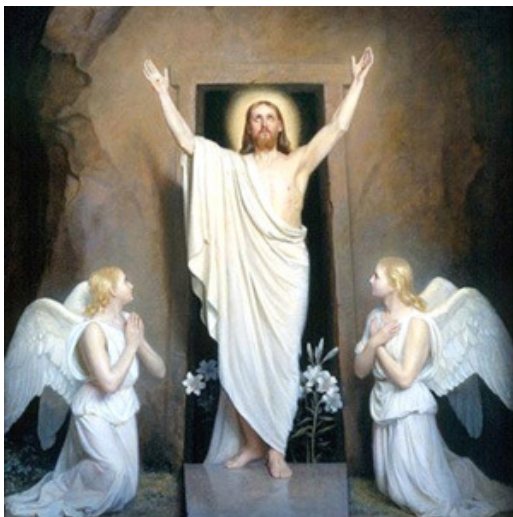
Senior Day
February 8, 2018
Praying in Color
Drawing a new path to God
with Fr. Blase, T.O.R.

You don't have to be an artist or good at drawing! Come with the willingness to open yourself to the creative elements in your heart and use them in prayer. Supplies will be provided. Add a new dimension to your prayer life! Coffee and danishes are served at 9:00 am. The program begins at 9:30 am followed by lunch. Mass ends the day!

san pedro spiritual development center | 2400 dike road | winter park, florida
 32792-8104 | 407-671-6322
info@sanpedrocenter.org; www.sanpedrocenter.org

PLEASE PAUSE AND PRAY FOR THE FOLLOWING CURSILLISTAS

-  **Helen McCartin**
-  **Liz Ziner**
-  **Deacon Michael Pettit**



*Rest in Peace our sister in
 Christ, Wendy Peterson*

It is **YOUR NEWSLETTER** and hopefully it fulfills three necessities: to **INFORM, INSPIRE AND EVANGELIZE**. So, if you need to tell the Area 4 Cursillistas of a particular event, this is the place to do it. If you have seen, read, or had an inspirational moment you wish to share with others, this is the place. If you had an evangelization moment that will help others in their efforts, this is the place to share it.

The Newsletter Committee is always looking for your help to make this useful publication. Please contact Liz or Cathy if you have something for the Newsletter. You can submit articles to Liz at elilly@cfl.rr.com.

Cathy's Corner



Grouping Guidelines Handout (as discussed at the January Ultreya)

- Purpose—to share piety/study/action/holy moments, successes/failures and plans. It's about you and your friends' spiritual lives, which should be taken very seriously. Avoid getting off track with other kinds of conversation—save that for later or another time.
- Confidentiality/discretion. People are sharing their deepest feelings and struggles. You cannot develop trust without discretion. Nothing should be shared outside grouping, even with your spouse.
- Time—should take about an hour. Respect each other's time. Don't monopolize the time—each person should speak 10 min. or so. Avoid interrupting when someone else is sharing. If you want to socialize or have more to say after grouping is done, that's ok. If you feel like you have to set a timer on your phone, do so. It's not personal, just a helpful tool. Everyone gets off track from time to time and if said with love, no one should be offended.
- Accountability/regularity—establish a regular weekly time and place. Make it a priority. Even if you feel you don't have anything to share that week, that's ok; it's still important to listen and support others, and you will receive benefit anyway. You'd be surprised by what others say, that triggers an insight for you. Knowing that you have regular accountability helps you to focus on your spiritual life and makes it a habit.
- There are many reasons a group may not work for you, and it's ok to seek a group that better fits for you. This is a good opportunity for sponsoring people you are close to and establishing a new group! We have booklets available if you want to share with a potential candidate.
- Group should consist of 3-5 people. More than that creates problems with taking too much time and less intimacy.
- Follow the format. This is the best way to fulfill the purpose of the group, and develop the seriousness and sincerity needed to increase everyone's spiritual maturity and sustain our 4th Day!
- That being said, don't be so rigid that if sometimes one of your group has a crisis, it's ok to yield the floor and concentrate on one person.
- Begin and end with prayer.



- If you have any Catholic or Christian books, cds, or other materials that you would like to donate to be used at the book table on Cursillo weekends, please bring to the next Ultreya.
- If you would like a ride to Ultreya, please email elilly@cfl.rr.com.
- If you would like a nametag, please email Betsy Gattinella at rgneerland@icloud.com
- Please consider contributing to the National Cursillo Center \$3.00 per year Campaign. <https://www.natl-cursillo.org/donate/>. Your donation is tax deductible.
- Please wear your Cursillo cross on the first Sunday of each month to help invite discussion of faith and Cursillo. "Be ready, because the Holy Spirit will send souls your way!"
- Please visit the National Cursillo website to read their current newsletter: <https://www.natl-cursillo.org>

Please pray for the Holy Father's intentions for February:

That those who have material, political or spiritual power may resist any lure of corruption.